From the Principal

This morning our Year six students embarked upon a four day camp to Rottnest Island. I went to Rous Head to see them off and the level of excitement was certainly high. Not even the rain was able to dampen their spirits. It should prove to be a memorable event for everyone.

Next Monday, 29 February, we will host an incursion: Cyber Wise: *Strategies that build confidence & prevent bullying*. In a world where so much of our communication is online, strategies for preventing cyber-bullying are becoming more important. We would like to encourage all students to come along.

One of the great features of our school is its “community feel”. Most Fridays there is upward of a hundred people on our oval; socialising, playing, and making new friends. It is great watching the students engage in free play and all manner of imaginative games. I would like to stress, however, that as the students remain on school grounds, they must continue to follow school rules. Last Friday I had to stop a group of students from climbing over the security gates into the undercover area. One small slip could have resulted in a child landing on steel spikes. It would help us greatly if you could reinforce our message with your children – “If you are on school grounds, you follow school rules.”

On a final note, those parents using the Car Park may have noticed a couple of school staff directing traffic in the mornings. Our Car Park poses our greatest risk to student safety and I’d like to thank the staff members for giving up their time and the community members who have been so cooperative in following their directions.

*Mr Doug Cook—Principal*
**Notes from the School Office**

**Term Accounts**

Thank you to the families who have been very prompt in paying their term accounts, it is greatly appreciated and supports the school to provide educational resources for our students.

The Cyberwise incursion was listed on the term account, if you have not paid your account in full, the amount of **$4.50** will need to be paid as soon as possible for your child to attend.

If you are having difficulty in paying the amount owing in full, please make contact with the School Office to arrange to pay in instalments.

Term accounts were sent home with students last week, if you have not received one, please make contact with the School Office on 9245 3199.

**REMINDER:** Any monies owing are to be placed in the White Money Box in an envelope with Student’s Name: _____  Class: _____    Activity: _________ in the front reception area.

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**Deputy’s News**

**Faction Shirts and Sports Days**

Sport days are as follows:

**Years 1-3** every Thursday 2pm – 3pm

**Years 4-6** every Friday 2pm – 3pm

The students participate in their factions and earn points for their factions. This term, the students will participate in games such as capture the flag, tee ball, cricket, basketball and other team orientated activities in order to develop their team work, communication and interpersonal skills. It is important that the students on this particular day wear their faction shirt and have brought to school their sneakers or runners. By wearing the faction sports shirts on sport day, teachers are able to sort the students into their factions and identify the students easier in their particular factions.

For all information regarding faction placements please contact the office on 9245 3199 during office hours.

**Swimming Trials**

Tuesday 8 March at Bold Park—1pm.

In the lead up to the 2016 Interschool Swimming Carnival the school has decided to hold swimming trials at Bold Park to determine the age appropriate divisions for competing students.

Students will race off in age races within each faction group to determine their appropriate level of competition, e.g., A,B,C,D.

To encourage greater participation in swimming and the school event we will be holding water activity trials tailored to the level of student competencies. For example year 4 to 7 students can swim 25 m events or try out for kick board events. We ask parents to discuss the swimming trials with their children to determine the reasonable expectation when entering an event. The school adopts the approach of sensible decision making when placing students in events as part of maintaining the wellbeing of children.
Deputy’s News cont.

After School Tennis Clinic

Wembley Downs Primary School is holding a free Tennis skill development clinic after school for boys and girls in Years 3 to 6.

The clinic is designed to give boys and girls individual tennis skills, footwork and foot speed, position specific skills and game understanding through intense, group workouts.

The clinic will commence in week 5 and will run for five weeks. The clinic is organised so groups of boys and girls can receive coaching on different days.

Keep an eye out for the notice going home this week.

New Ipad Trolley

The II Committee recently purchased a 30 ipad storage trolley for class uses.

This latest acquisition will facilitate the learning through digital technologies on a whole class basis.

Mr George Tolev—Deputy Principal

Music Notes

Scholarship Students

Thank you to all the parents and students who attended the SIM information night - it is lovely to meet some new faces and see the familiar ones as well. For those who could not attend, students can pick up a worksheet with practice tips from the music room.

High School Audition Practice

I will be holding a session after school just before Easter to give our years five and sixes an opportunity to perform in front of a group of people, as many of them will be auditioning for high school music programs. Please let me know if you are interested in attending and I will add you to the run sheet.

Date: Wednesday March 23rd

Time: 3.30 to 4.30pm

Venue: Music room

Bush Band

I have formed a small Wembley Downs Bush Band to play at assemblies to familiarise our school with our favourite Aussie Bush Classics and provide another opportunity for the students to perform. They will play before and after assemblies on Friday while the students are arriving and leaving the undercover area. Rehearsals will be held during school on Fridays 9.30 to 10am.

All Year 4 Students

We will be starting our recorder program this week and I have issued a note to all the year 4’s about practice expectations. If you would like to purchase a recorder from the school, please pay $8 to the front office, and I will provide your child with a recorder. The students will receive their song list to take home and use for practice, including the song that they will be tested on later in the term. When the students have learnt a few notes, we will incorporate other instruments and make a class band. I will let the students know when to bring their instruments along to music class.
Music Notes cont.

All Year 5 and 6 Students

The students in years five and six are learning about and creating their own raps and will receive a ‘Rhythm Riot’ performance task. We will practise the task in class, but it will also require the students to practise at home. The activity has several levels of difficulty: the higher the difficulty, the higher the grade. Feel free to join in and have a go - good luck!

Mrs Archer—Music Teacher

P&C News

From the Uniform Shop

Winter Stock

Is now in! please order on-line as usual or come in on a Monday from 8:30-9am

Faction Shirts

We believe that instead of the previous directive of only wearing faction shirts on competitions days, Years 1-3 are to wear their shirts on Junior Sports Day (Thursday) and Years 4-6 are to wear them on Senior Sports Day (Friday). Pre-Primary children, please don't stress - you will be advised of your faction in term 3 and won't need a shirt in the relevant colour.

We have plenty in stock, so please place your order.

Old Uniforms

We are excited that we have THREE solutions for our old uniforms

1. You may see your amazing teachers sporting some of the old red/white polo shirts. They are proving very popular

2. Nicole Bailey has kindly organised with Direct Reach Ethiopia to take a whole load of stock to be sent to Ethiopia for use by sports teams. What a fabulous use. We may (or the year 6s may) be doing some fundraising to contribute to postage

3. On an ongoing basis there is a large wheelie bin in the uniform shop/medical room. You can use this to deposit either old uniforms or any of your old clothing. Once the bin is full each time, ecokids.com.au will collect it. They will send items in good condition to Africa, and the remainder will be made into rags.

Lost Property

Yuk! Already! Please ask your children to keep tabs on their shoes, water bottles, lunch boxes etc. There is a new, small, purple wheelie bin in the uniform shop which can be accessed AT ANY TIME. We will be loosely monitoring it and chucking out unsavoury items but please remember it is not our responsibility to return items to classrooms, children should be responsible for their own belongings.

Bags

Due to the large volumes we have experienced recently, we are very short of bags for our deliveries. If anybody has any spare shopping bags (nice ones with handles or plain plastic ones) please can they deposit in the small red wheelie bin in the uniform shop. Thank you!

Claire Gray—Uniform Coordinator
P&C News

P&C Movie Fundraiser—Saturday 2 April

WDPS P&C invites you to a family and friends movie afternoon featuring the fun new release, Kung Fu Panda 3. This fundraising event will be held on Saturday 2nd April at 3pm at Event Cinemas Innaloo.

Tickets are available online from the Uniform Shop (www.school24.com.au) under the section 'Fundraising' for $15 each. Please note canteen credit cannot be used to purchase items from the uniform shop section of the website.

Tickets are limited and only available until Friday 18 March so get in fast and get your family and friends along for a great afternoon.

We hope to see you there!

Rachel Wenham—Fundraising Coordinator

WDPS Netball Club 2016 Season

Players from Years 1 to 6 are invited to join in the fun of playing netball this season with WDPS Netball Club!

We are once again excited to be able to offer the NetSetGo program to students in Years 1 and 2. NetSetGo is a play based movement skills program where the emphasis is on the acquisition of basic movement skills, in a fun environment of games and activities. The sessions will start Monday 2nd May 3.30-4.15 at WDPS and run every Monday in Term 2. Each player receives a participant pack including T-shirt and netball. Some parent help with 'coaching' for NetSetGo is required. This is mostly supervising a small group of players and facilitating the games instructed by coaches.

Players in Years 3-6 will play in teams in the Saturday morning PNA competition at Matthew’s Netball Centre, Selby Street, Wembley. Training sessions will be after school once a week. Year 3 on Thursdays, Year 4 on Wednesdays, Year 5 Friday and Year 6 Thursday. The competition commences Saturday 7 May (Years 5 and 6), Saturday 14 May (Years 3 and 4).

NetSetGo registration years 1 - 4 follow this link

If your player is new to netball you will need to follow the 'first time participant' option, if your player previously did NetSetGo at WDPS or another centre and have already registered for mynetball follow the 'return user' option.

- Years 1 & 2 - select Net 5-7 activity skills $100
- Years 3 & 4 - select Set 8-10 skill/competition $180
- Years 5 & 6 - skill/ competition $200

Make sure you check the T-shirt size as it will default to last years size.

If your child has never played Netball before or you are new to the school and your child is interested in playing this year, please let me know and I will put you in touch with the coach for your team. If you require any further information, please contact Rita 0407 221 279 or the5moars@gmail.com or Deanne on 0430 324 298 deanneg@hotmail.com.

Rita Moar
Deanne Quartermaine—WDPS Netball Coordinators
Kidsport Grants
WDPS Netball Club is a registered KidSport Agent. Children are eligible for KidSport grants if they are aged 5-18 years and have a health care or pension concession card. KidSport will pay up to $200 per calendar year to cover sports registration fees.


WDPS Reusable Shopping Bags
The large reusable jute shopping bags which have been spotted on the arms of Wembley Downs most sustainable people in the quad, at the beach and on picnics are now for sale via the online uniform shop. $10 each or 2 for $15.

P&C School Picnic
Thanks to all the families and teachers who stayed to enjoy the beautiful evening on the oval and welcome some new and not so new Wembley Downs families and teachers.

P&C AGM
Thanks to all the parents who attended last weeks AGM and especially to those who put their hand up for a role. Almost all positions were filled on the night.

- President Jacqui Williams
- Vice Deanne Quartermaine
- Secretary Jane Boyle
- Treasurer Caroline McNamara (Alice Mzarek-Scriven)
- Executive Committee Rachel Wenham, Janine Wade, Alice Mzarek-Scriven

Canteen Convenor Vacant see below
- Canteen Treasurer Ali Edgington
- Canteen Committee Janine Wade, Bec Brown, Mel Lloyd
- Uniform Committee Claire Grey, Kelly Kennington, Narelle Paterson, Lisa Gorman
- Uniform Treasurer Rox Pappas
- Fundraising Co-ordinator Rachel Wenham
- Sustainability Co-ordinator Tracey Chapman
- Safety House Rep Kirsten Cleeve-Edwards
- School Council Report Brian Moar

Next Meeting- all parents are invited, Tuesday 15th March 2016 in the staff room

Canteen Convenor
Do you have a passion for food and want to have input into what food our children are served from the school canteen. The P&C is seeking a volunteer to take on the role of Canteen Convenor. This is a great way to get to know school families and the role includes:

- administer the online ordering website including checking account top ups (15 min Mon-Fri)
- collate information and orders for pizza day- 1 per term (1-2 hours)
P&C News cont...

- populate volunteer roster with help from class reps (1 hour per term, review 10 mins per week to ensure the roster is full, otherwise forward email to class reps sourcing further volunteers)
- meet with canteen staff- Mel and committee 1 per term (1 hour) to discuss menu and special events.

There is an opportunity for 2 people to job share and full training and support is provided by previous convenor and experienced committee members. If you have any questions or you are interested in volunteering for the role please contact Bek Brown 0417 978 417 or

P&C School Sleep Out

The P&C is organising a sleep/camp out on the school oval on Friday 18th March, 2016.

For safety and catering purposes tickets will be limited to 200 (this is an increase on last year but buy early to avoid missing out on this popular event). Tickets are $10 per head which includes tent site, dinner (sausage sizzle) and breakfast (egg and bacon rolls or fruit, yoghurt and muesli). Tickets available for purchase from our online site www.school24.net.au

School Banking

Do you have 30 min to help out at school banking on Tuesday mornings 8.25-8.55am. The school banking team are looking for a dedicated and reliable person to assist with the increase demand for transactions and prizes! If you can offer your time (no experience in banking required although basic counting an advantage) contact Rachel at queenb@customisedoptics.com or meet next Tuesday at the canteen.

Deanne Quartermaine—Vice President P&C

WDPS P&C INVITES YOU TO

KUNG FU PANDA 3

Family & Friends Movie Afternoon

GRAB DESTINY BY THE DUMPLINGS

KUNG FU PANDA 3

Saturday 2 April at 3pm | Event Cinemas Innaloo

Tickets $15 each

Available online from the Uniform Shop under ‘Fundraising’

Please note canteen credit cannot be used for ticket purchases.

***Tickets are limited & only available until Friday 18 March***
2016 Hale Hockey Club (HHC) Minkey Programme – keep your weekend’s free of sport!

Minkey registration can be done online at http://halehockey.com.au/cms/minkey-34s-registration/. Should you require any equipment we will have a minkey hockey stall set up at the clubrooms (Williamstown Road, Doubleview) on Tuesday 29th and Thursday 31st of March from 4:00pm – 7:00pm.

Commencing in term two on Friday 29th April and concluding on Friday 1st July the 9 session (no session on June long w/e) programme costs $110 and runs from 4:15pm until 5:15pm. The Hale Hockey Minkey Programme offers a unique introduction to hockey with experienced coaches working with small groups of children. Supervised by Physical Education teachers the Programme offers a developmentally safe, fun and enjoyable pathway for children aged 4 - 9 years of age into the family friendly sport of hockey.

For further information please contact Kane at kjg@hale.wa.edu.au
Community News cont...

Applications now open

Academic Extension Program

If your child is going in to Year 7 in 2017 you can apply for selection into our school based Academic Extension Program. Testing takes place at the school on Saturday 30 April 2016 at 9am.

Applications close: Friday 1 April 2016. Get an application form from our front office or www.churchlands.wa.edu.au

This opportunity is only available to children living in our local intake area or are accepted into our Gifted and Talented Secondary Selective Music Program.

Further Information:
20 Lucca Street
Churchlands
T: 9441 1700

ANZ NetSetGO at
State Netball Centre

ANZ NetSetGO is an introductory program to the wonderful sport of netball aimed at 5-10 year olds. It is a great way to learn fundamental skills, encourage physical activity and make friends in a fun and friendly environment.

Every Monday for 7 weeks, starting 8th February from 3.45 - 4.45pm
Every Wednesday for 8 weeks starting 17th February from 3.45 - 4.45pm
$110 per participant (GST inclusive)

For more information, call Amy on 9360 3738 or visit netballwa.com.au/netsetgo to register.
• The ‘Rock and Water’ Program – Saturday 12 March 8.30-12.30. $60 per pair.

West Leederville Primary School, 58 Northwood Street, West Leederville. Physical exercises are constantly linked with mental and social skills. The Rock and Water program leads from simple self-defence, boundary and communication exercises to a strong notion of self-confidence. The program offers a framework of exercises and ideas to assist boys and girls aged between 8 and 14 years to become aware of the purpose and motivation in their life. Topics include: intuition, body language, mental strength, empathic feeling, positive feeling, positive thinking and positive visualising. For further information and to enrol please phone 6164 0200.

• Parent-Child Connection – Wednesday 9 March x 4 weeks - 6.30-9pm $50 per person/$75 per couple

Raising children should be one of life’s greatest experiences, but as any parent knows, it is not an easy task. People with children under ten are invited to this four-week course to learn new skills, feel better about their parenting and gain confidence. For further information please 6164 0200.

• Successful Single Parenting - Wednesday 30 March – 6.30-9pm $25.

People become single parents through a range of life choices and circumstances. Parenting alone is different in many ways compared to a two parent household and can have its difficulties and challenges. Whatever the challenges it is important to live your life in ways that shows your children you are happy. This will help them accept and value their lifestyle. If you are a single parent and are through that initial break-up stage this course will provide strategies that will help you develop a close and special relationship with your child. For further information please 6164 0200.

• Understanding Stepfamily Relationships – a weekend course 1 2 3 April - $75 per person/$120 per couple.

Stepfamilies and blended families operate in a different way to intact biological families. The dynamics of a stepfamily are more complex and there is a need for special understanding and management from both biological and stepparents working together for a healthy stepfamily growth to happen. For further information please 6164 0200.
Belridge SC Approved Specialist Cricket Program

Cricket Skills Testing Day

Parents with children in Year 6 are invited to apply for our 2017 Approved Specialist Program in Cricket

CHOOSE CRICKET AS A FULL TIME SUBJECT

Closing date for applications
Friday 1 April 2016

Testing Venue WACA 9:30am
Monday 4 April 2016

For more information or to request an application form and trial pack email Scott Ogilvie (Cricket Coordinator) at

scott.ogilvie@education.wa.edu.au

BELRIDGE SECONDARY COLLEGE
An Independent Public School
17 Gwendoline Drive, Beldon
www.belridgecollege.wa.edu.au
T: 9408 8000

Program endorsed by the WACA
Autism West Presents

2016 teamsprintcup

WHEN: Sunday 20th March @ 2pm
WHERE: Christ Church Grammar School

SCHOOL SWIM CHALLENGE

Get a team together for Autism West's annual Team Sprint Cup, a swimming competition the whole family can enjoy!

It's all about participation and raising awareness for those affected by an autism spectrum disorder.

Tickets are only $40 per person and all proceeds go towards Autism West.

Register now! trybooking.com/JZTG
info@autismwest.org.au | 9383 6123 | www.autismwest.org.au

CREATING INCREDIBLE LITTLE COMMUNICATORS

1 Hour Parent Workshop
20 tips and tricks from a local Perth Speech Pathologist, Alex Trichilo

Find out more and get tickets at http://bit.do/alexstrichilo

North of River Location
Community News cont.

TRAINING

Attachment and Social-Emotional Development
PRESENTED BY: WILMA BROKAAR

Wilma Brokaar has worked as a social worker and counsellor in the Health Sector, with Community Services and in Children and Youth Services both in Australia and overseas. Wilma has trained extensively in working with children and young people with a main focus on play therapy and trauma. Wilma holds a BA Social Work and a Post Graduate Certificate in Developmental Trauma. Wilma is a firm believer in the power of play to help children recover from adverse experiences. She is an advocate for involving parents or carers in the counselling process to help their children integrate their experiences.

Date: 11 March 2016
Time: 9:30am - 4:30pm
Cost: $220 per person (incl. GST)
Location: East Perth

Course Overview
In this one day workshop you will learn how the natural attachment process shapes social and emotional development and how the relationship between a child and attuned caregiver evolves. We take a closer look at the building blocks of a safe attachment relationship, so we can apply these principles in our work with children and their parents.

(Co)regulation of emotional and energy states, meaning making, resolving conflict or issues, limit setting and natural consequences are discussed. The workshop will alternate theory with video clips and practical exercises. Principles can be applied to working with children of all ages, including teenagers, but the focus will be on children 2-12 years old. The basic principles can be applied in a counselling setting, during in home support or classroom.

Who is this course suitable for?
This workshop is suitable for counsellors, social workers, psychologists, working with children and/or their parents. Teachers and chaplains may benefit as well.

By the end of this workshop, participants will be able to:
- Understand the connection between attachment principles and social-emotional development
- Insight to help a child co-regulate emotions and energy states
- Able to respond to relational upsets between yourself and a child and between children in a counselling setting, school or in home support
- Have a framework to work with parents to enhance attuned parenting and support development of social-emotional skills in their children
- Have a basic toolkit to support parents in resolving daily parenting challenges, such as limit setting, problem solving and natural consequences while maintaining a relationship with the child

If you wish to attend, please complete a registration form

Bookings essential
9263 2122
or training@anglicarewa.org.au
anglicarewa.org.au/training-services