From the Principal

I'd like to open with congratulations to Georgie G who is the canteen draw winner of “Free Lunch for One Term”. In the Draw are the students nominated by the wonderful parents who volunteered at the School Canteen during Term Two.

Tomorrow we will distribute our Parent Opinion Surveys for 2016. Both will be delivered via email. The first of these is a Government mandated survey that provides data to both the school, Department of Education and Education Services Australia. This survey is the same as the 2014 survey and allows us to monitor our progress since becoming IPS.

The second survey is for school purposes and comprises only three questions bases around; what are we doing well, what would you like to see improved and what additional services/activities you would like to see introduced. The findings of both surveys will be published in the 2016 Annual Report.

On Wednesday 10 August (Tomorrow!!) we will host a speaker from Protective Behaviours Australia. The information is focussed upon the dangers our children face in society and what we can do to minimise the risks. The presentation will be delivered by Andrea Musulin.

- Venue: Science/Art Room
- Date: Wednesday, 10th August
- Time: 7.00pm – 9.00pm
- Cost: $10.00 per person. (I mistakenly listed the cost as $5.00 in a previous newsletter.)

Tickets are on sale now at the Office.

Book Week is being celebrated this year from 22nd – 26th August. We will be holding a series of activities throughout the week to raise the awareness and enjoyment of reading books. Some of these activities include:

- Wembley Downs Great Book Swap: Donate up to 5 books to receive tokens. The tokens can then be swapped for books.
- Buddy Reading Day: Older students “pair up” with younger students to share a favourite story. Story Sharing Picnic: After Friday assembly, the younger students are read stories by parents in a “picnic” setting.
- Book Week Quiz – Rob will hold a quiz on Wednesday lunchtime for teams of 4 upper students.
From the Principal cont...

Coming Events –

- Protective Behaviours Seminar: 10 August – Tomorrow!!
- Room 14 Assembly: 12 August
- ICAS Maths Competition: 16 August
- Musica Viva Incursion: 18 August
- Room 11 Assembly: 19 August
- Book Week: 22 – 26 August
- Wasterwise Incursions: 22 & 23 August

We now have enough nominations to host a Girl Power and Good Guys resilience and friendship workshop for year 4 students. I will be contacting those families who have nominated by email with a Flier and link to allow you to register. Both sessions will be on Monday 5th September from 3.30 to 5.30. (The day and time were determined through parent response on the nomination form.)

Mr Doug Cook—Principal

From the Office

Term Accounts
Payments can be made by Direct Deposit:- details below,

BSB 066161 – Account Number -10035840 – Reference – Family Name

Or Eftpos/Credit Card/Cash

If making payment by cash please put in envelope with Student’s name – Room No and Excursion/Incursion and put in the White Money Box in the School Office.

If you have any queries please do not hesitate to make contact with the School Office on 9245 3199 or e-mail Kerry.Blechynden@education.wa.edu.au

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**PARENT WORKSHOP 2016**

**Date:** Wednesday 10 August, 2016

**Cost:** $10.00 each

**Time:** 7.00 – 9.00pm

**Where:** Art/Science room

Tickets are on sale now at the Office.
# Faction Cross Country Results

<table>
<thead>
<tr>
<th>Faction Cross Country Awards</th>
<th>Boys</th>
<th>Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre Primary</td>
<td>1. Abraham S</td>
<td>1. Isabella M</td>
</tr>
<tr>
<td></td>
<td>2. Henry S</td>
<td>2. Angelina L</td>
</tr>
<tr>
<td></td>
<td>4. Dylan R</td>
<td>4. Arabella P</td>
</tr>
<tr>
<td>Year 1</td>
<td>1. Max H</td>
<td>1. Nataleah G</td>
</tr>
<tr>
<td></td>
<td>2. Marley Mc</td>
<td>2. Sarah T</td>
</tr>
<tr>
<td>Year 2</td>
<td>1. Dan K</td>
<td>1. Madeline F</td>
</tr>
<tr>
<td></td>
<td>2. Lenno B</td>
<td>2. Lucy O</td>
</tr>
<tr>
<td></td>
<td>3. Dempsey N</td>
<td>3. Alisha B</td>
</tr>
<tr>
<td>Year 3</td>
<td>1. Frederick H</td>
<td>1. Siella dW</td>
</tr>
<tr>
<td></td>
<td>2. Jaidyn V</td>
<td>2. Sienna Mc</td>
</tr>
<tr>
<td></td>
<td>3. Chayce L</td>
<td>3. Georgia C</td>
</tr>
<tr>
<td></td>
<td>4. Jackson S</td>
<td>4. Sienna M</td>
</tr>
<tr>
<td>Year 4</td>
<td>1. Robert S</td>
<td>1. Ruby E</td>
</tr>
<tr>
<td></td>
<td>2. Luke M</td>
<td>2. Georgia G</td>
</tr>
<tr>
<td></td>
<td>3. Stacey C</td>
<td>3. Olivia M</td>
</tr>
<tr>
<td></td>
<td>4. Levi N</td>
<td>4. Trinity B</td>
</tr>
<tr>
<td>Year 5</td>
<td>1. Angus W</td>
<td>1. Edie G</td>
</tr>
<tr>
<td></td>
<td>2. Flynn G</td>
<td>2. Asia R</td>
</tr>
<tr>
<td></td>
<td>3. Finn S</td>
<td>3. Annabel O</td>
</tr>
<tr>
<td></td>
<td>4. Tully N</td>
<td>4. Mayu W</td>
</tr>
<tr>
<td>Year 6</td>
<td>1. Josh H</td>
<td>1. Nyah G</td>
</tr>
<tr>
<td></td>
<td>2. Jacque H</td>
<td>2. Georgia M</td>
</tr>
<tr>
<td></td>
<td>3. Riley dG</td>
<td>3. Sophie G</td>
</tr>
<tr>
<td></td>
<td>4. Archie M</td>
<td>4. Ruby B</td>
</tr>
</tbody>
</table>

## Interschool Cross Country Results

The results of the Interschool Cross Country are as follows;

- Woodlands - 56
- Doubleview - 50
- Wembley Downs - 45
- Newborough - 43
- Deanmore - 34
- Churchlands - 33
- Yuluma - 17
- Scarborough - 11
Barcelona International Cup in Spain

Liam E, Year 6, was lucky enough to be selected by his soccer academy to represent Australia Under 12’s in the Barcelona International Cup in Spain during the July holidays.

This is an international tournament where teams from all over the world come to play soccer. This is the first time an Australian team has participated in the competition. Liam’s team were grouped with teams from The Philippines, Argentina, Columbia and Spain. The boys battled very hard in their first games against the U12’s champions of Barcelona and Makati of the Philippines. They had an impressive 2-2 draw against Atletico National which is one of the Biggest clubs in Colombia. This guaranteed them a place in the semi-finals where they played the famous River Plate from Argentina. After a thrilling game they were unlucky to lose by a goal from the last kick of the game, the final score being 2-3.

This Aussie team from a very small academy were certainly brave battlers against these big teams and deserve to be congratulated on their achievements. They were even named “Los Leones”, which means “the Lions” by the Colombian team. This was certainly a wonderful experience for Liam.

P&C News

The Greast WDPS Book Swap!

As a part of our Book Week festivities we will be holding the Great WDPS Book Swap on Thursday 25th August. From next Monday 15th August, all students are encouraged to bring up to 5 books in good condition (no torn pages, drawn on pages etc, magazines) to their classrooms to donate for the Book Swap. Children will receive up to 5 tokens to ‘buy’ books from the Book Swap stall, number of tokens correlates to number of books donated. Please ensure that the books are age appropriate i.e. no adult novels or cookbooks, and they are placed in the tubs in your child’s classroom by Tues 23rd August at the latest. The teachers will keep a tally of how many books your child has donated so they receive the appropriate number of tokens on Book Swap day. Kindy kids are definitely invited to participate – both teachers will facilitate a swap in each kindy class room.

Thank you to those of you who have already volunteered to help sort books before the stall and on the morning – I really appreciate it! If you are keen to volunteer please email me hewittclan@iinet.net.au

Sarah Hewitt
P&C News cont...

Calling for help in the Uniform Shop

After quite a few years of fun in the Uniform Shop, Claire, Kelly and Lisa would like to step down at the end of the year. We’ve loved it and feel proud of bringing the shop on-line as well as working with the board to implement the new uniform. Now, due to changing personal circumstances, we feel it’s time to hand over to some fresh blood.

It's a great way to meet many people in the school, work with the office staff and welcome new families to the school. You can make it your own through initiating system changes; liaising with suppliers and hopefully working in new and improved premises at a time of your choosing!

So, in the ideal world we would begin a handover at the start of Term 4 when things are quiet and plans can be put in place for next year. You can take it on as an individual or as a group of friends. We will still be around to help as will Rox (Treasurer) and Narelle if required.

Please don’t hesitate to contact us to ask any questions or express your interest.

Claire (13 647 090) and Kelly (0432 940 480)

Uniform Coordinators

Canteen News

Congratulations to Georgina Gray Rm 12, who won the “A Free lunch per week for Term Three” Competition.

Thank you to all the volunteers who helped out at the School Canteen during Term Two.

The Free Lunch competition is also running during Term Three. It is easy to enter, when signing up just nominate a Student’s name (and Room No) and they will go in the Draw for a Free Lunch per week for Term Four.

We are always looking for help in the Canteen, and with your help we can keep the Canteen open and running.

Please consider volunteering for the below spots:

- Wednesday 10 August - 1 spot
- Friday 12 August - 2 spots
- Wednesday 17 August - 1 spot
- Friday 19 August - 2 spots
- Monday 22 August - 1 spot
- Wednesday 24 August - 1 spot
- Friday 26 August - 3 spots

Please click this link to sign up: http://signup.com/go/misCwg

Note: SignUp.com does not share your email address with anyone.

Sarah Gonsater

Canteen Coordinator
Community News

**JUNIOR FISHING CLINIC**
**September 2016**

**Age 9 – 16**

**$200**

**Tuesday 27**
9:00am to 12:00pm
Learn how to rig a rod, casting practice and games, safety on the water and on boats

**Wednesday 28**
7:00am to 1:00pm
Boat Fishing  Sausage Sizzle

**Thursday 29**
7:00am to 1:00pm
Boat Fishing  Sausage Sizzle  Weigh In Competition

Bring a hat, bottled waters and warm clothing as the wind feels cool on the water.
Sunscreen and life jackets are provided, as well as sausage sizzle on Wednesday and Thursday.
Please bring snacks and drinks on Tuesday. Bring an old pillow case or similar to keep caught fish in.
No Plastic Bags

Contact Mel T 9246 2833
evelopment@hilarysvchoclub.com.au

**City-Stirling**
FREE Parenting Workshop

Family and Children’s Services invite you to our FREE Parenting Workshops.
The program is facilitated by Protective Behaviours WA and supported by the City of Stirling’s Outside School Hours Care.

**Workshop Details**
The City of Stirling and Protective Behaviours WA are providing an informal session to educate and provide parents with the practical skills to empower their children to stay safe and cope with situations that threaten their wellbeing.

All workshops contain the same information but will be located at different venues within the City of Stirling.

**2016 Dates**

<table>
<thead>
<tr>
<th>Date</th>
<th>Sessions</th>
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</thead>
</table>
| Wednesday 17th August | Hamersley Recreation Centre - Children’s Centre, Beledere Road, Hamersley WA 6021
| 6.30pm – 8.30pm       | To register go to [workshop@hamersley.eventbrite.com.au](http://workshop@hamersley.eventbrite.com.au) |
| Wednesday 24th August  | Stirling Leisure Centre - Scarborough, Leisure Building 2, 173 Gledscliffe Street, Scarborough WA 6019
| 6.30pm – 8.30pm       | To register go to [workshop@scarborough.eventbrite.com.au](http://workshop@scarborough.eventbrite.com.au) |
| Wednesday 31st August  | Ingleside Civic Centre, Children’s Centre, 597 North Avenue & Baulk Street, Ingleside WA 6062
| 6.30pm – 8.30pm       | To register go to [workshop@ingleside.eventbrite.com.au](http://workshop@ingleside.eventbrite.com.au) |

**Relationships Australia**

**WESTERN AUSTRALIA**

1300 364 277
www.relationshipswa.org.au

**Parenting between Cultures**
- Working with migrant and refugee families

This interactive workshop examines some of the issues that impact on migrant and refugee families and explores how workers can engage with families to provide support with parenting while considering their own cultural competence.

Activities:
- Identifying and exploring issues that impact on parenting including
  - the refugee experience
  - shift in gender roles
  - parenting practices
  - intergenerational conflict

Reviewing our own practice and developing an enhanced response:
- Analyzing case studies reflecting situations that workers may encounter
- Reflecting on resilience and the factors that support successful settlement
- Examining Strength Based Practice – How to identify and build on family strengths.

**Enhancing Self Esteem in Adolescents**

This is a course for teachers and others who work with adolescents

**Course Aim:** Adolescence can be a difficult path for many young people as they attempt to find their own identity in an ever changing and challenging world. Based on recent research, this course updates participants’ understanding and provides practical and creative ways that teachers and mentors can seamlessly integrate positive mentoring into adolescents’ already day-to-day roles.

The course focuses on practical application - teachers will learn strategies aimed to help adolescents improve their mental wellbeing and build healthy self-esteem. Although this course aims to empower and upskill the individual teacher, a number of simple and effective strategies and tools could be adopted by whole of school with a view to healthy self-esteem culture.

The course covers:
- How to assess what’s going on for the adolescent while establishing an alliance with them.
- How we can work with the student’s resistance to engage with us.
- Ways of working with adolescents who are depressed, angry, disengaged or emotional.

Highlights will include:
- Understanding what happens in the adolescent and adult brain that makes changing some of our patterns difficult but not impossible.
- Ways that people move change via the ‘Change Triangle’.
- How to identify 10 Unhelpful Thinking Styles that appear in the language of young people and how to respond positively.
- Gaining a deeper understanding of anger and learn 4 strategies that young people use to manage their anger that can keep them stuck in feelings of low self-worth.
- Learning fun psychological strategies that help us diffuse the unhelpful thoughts that our minds create that cause us stress and unhappiness.
- Active listening and skills empathy. Responding through active listening and understanding why these highly neglected aspects of communication are vital to connecting with an adolescent.

**Relationships Australia**

**WESTERN AUSTRALIA**

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** Relationship Australia.**

**WESTERN AUSTRALIA**

www.relationshipswa.org.au

**WEST LEEDERVILLE**

22 Southport Street, corner of Cambridge Street

Tuesday 13 September 2016

**WEST LEEDERVILLE**

22 Southport Street, corner of Cambridge Street

Tuesday 23 August 2016

Time: 9.30am - 4.30pm
Fee: $120 - includes a light lunch
SYNCHRO WA

Synchro WA is hosting a Big Sync event which is an attempt to break the world record for the biggest Synchronised Swimming routine. It is open to all ages and promises to be a lot of fun. No experience is required! The Big Sync is being held at LeisureFit Booragoon between 2.30pm and 5.30pm on Sunday 21 August, 2016.

Please come down to have some fun, give synchronised swimming a go and be part of a world breaking record! Feel free to bring mum, dad and all your family and friends - all you need is your bathers and a towel plus entrance fee to the pool. There will be experienced swimmers in the water with the children at all times and friendly coaches giving instructions. Refreshments will be provided and the Nova van will be there adding to the entertainment. A great way to spend your Sunday afternoon!

If you have any enquiries, please email Izzy at synchrowarec@gmail.com. We look forward to seeing you poolside!!!
Community News cont...

**Wembley Downs Community Tree Planting Event Information**

**Date**
Saturday 13 August 2016

**Time**
9.00-11.30am

**Muster point**
Stockdale Arundale Reserve
23 Arundale Crescent

The area to be planted is bordered by Cobb Street, Hale Road and Weaponess Road. Most of the area will be planted on the event day and a further 35 trees will be planted on the following week to complete Sulman Road and Bournemouth Crescent.

*Join us with your family and spend the morning outdoors giving back to your community. Meet your neighbours, improve the look of your streets and enjoy a free sausage sizzle after the event.*

*This event is suitable for all ages and abilities. Come dressed in gardening clothes, including closed shoes, and bring a water bottle.*

Administration Centre 25 Cedric Street Stirling WA 6021 | Telephone (08) 9205 8555 | Faxsimile (08) 9345 8822 | www.stirling.wa.gov.au

Churchlands Senior High School—Academic Extension Program

We would like to advise that we have an upcoming Academic Extension Program testing to take place on Saturday, 3rd September with the closing date for applications being Tuesday, 9th August. This testing is for current Year 6 students to enter Churchlands SHS in 2017 who reside in the Churchlands SHS local intake area.

The application form can be downloaded for our website: www.churchlands.wa.edu.au > Curriculum > Academic Extension Program or by contacting Churchlands SHS on 9441 1700.

*Adrian Lee—Associate Principal—Lower School*

*Churchlands Senior High School*